



# Hatim\_AL\_Tai & 7 Chakra of Kundalini Power

— “Dhyanaacharya”  
Brahmachari  
Prahladanand



**“The energy is  
within you.  
You should  
awaken this  
energy  
by  
Meditating.”**

— Brahmachari Prahladanand  
“Dhyanaacharya”  
(The Master of Meditation)



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Contact-

namaskar.meditation@gmail.com



**Dedicated To Shri Param Pujya Guru Dev Ji Maharaj  
Param Pujya Param Aadharniya  
Shrotriya Brahmanishth  
Suratgiri Bangla Haridwar Peethadishwar  
Acharya Mahamandleshwar  
Shri Swami Vishveshwaranand Giri Ji Maharaj**





Aauther



Brahmachari Prahladanand  
Dhyanaacharya

“Dhyanaacharya” Brahmachari Prahladanand



# Hatimtai and 7 Question's Answer As Seven Circles of Kundalini Power

— “Dhyanaacharya”  
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# Hatimtai and Kundalini Power

The secret of the seven questions of Hatim-Tai is the process of awakening the Saptachakras of Kundalini Shakti. Due to which the stone made Gulnarpari becomes conscious again. Hence the worship of the stone idol began. And through idol worship the process of crossing the Saptachakras began.

The secret of the seven questions of Hatim-Tai is related to the Saptachakra of Kundalini. Hath means Hand. Em means Faith. That is, who has faith in his hand. That is why it is called Hatim. Faith is most important in this. Iman means staying in celibacy. Living in faith with body, mind

and soul. The body is Taamsik. The mind is Rajshik. The soul is Sattviv. Faith signifies God. God resides within the person in the form of faith. This belief is Brahman. The seeker becomes a brahmachari by grazing this Brahman. Brahma resides in all in the form of the divine. Because Brahma is power.

When the Kundalini is to be awakened, the eyes should be like an owl. That is to sleep in the day and wake up at night. That is, when you close your eyes and sit in meditation, then keep your eyes open in the inner darkness. Hence his name is Nazrul.

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## **Secret of Muladhar Chakra**

**1st Question - Have seen it once.  
Have a look for a second time.**

When the journey to Kundalini starts. Then lust is to be avoided. Because lust also makes a living stone. Kundalini seekers must first conquer lust. As Emperor Barzat touched Gulnarpari with lust and Gulnarpari turned to stone.

This stone is called "inertia". Lust throws a person's energy out of the body and the person becomes like a stone. It becomes lifeless. Just like a person does not have life. So when the person conquers lust. Then this energy helps the person in further spiritual practice. And protects the seeker. Then sitting on this energy, the seeker performs further spiritual practice. Just keep saving this

energy.

Mool means root. That is, where a person has to keep his root. Because the root is the foundation. The root itself draws water from different places and empowers the seeker in spiritual practice. The seeker maintains continuity in further spiritual practice only on the basis of root power. Therefore, keep your roots in the energy pool. This pool is a source of energy.

When the Muladharachakra opens, then the person's mind opens. Because after getting up from the base, energy goes directly into the brain and opens the mind of the person. The person who becomes impure on Muladhara Chakra. That person's mind attains inertia.

Nazrul has to be taken with him in this journey. Eye + ul = owl-like eye. That is



to wake up at night and sleep during the day. That is, the ability to see even in the dark. Stay alert Because lust enters from anywhere.

The journey begins with lust. Gul = bounce. Nar = Shakti. When a man's energy bounces. Then the first energy gets the exit route. If energy does not exit this path. So energy reaches the second rung Swadhisthan Chakra. After this the energy never goes out again. In the Muladharachakra, the earth element remains. The Muladhara Chakra is the notch of lust. It has to overcome the lust. Here the element of earth changes into water element. The seeker attains fluidity by solidity.

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# **Secret of Swadhisthana Chakra**

## **2nd Question - Be discreet with your kindness**

When the energy released from the base is unable to come out, then the energy rises upwards. The place where the energy rises up is called Swadhisthana Chakra.

This causes a person's lungs to function. Here the seeker becomes disinterested with the world. And the person then gets in the way of the attainment of God and becomes compassionate. A person's heart changes. Which leads to kindness in a person. And then the seeker starts to practice only God without any purpose.

In the Swadhisthana Chakra, a person becomes Dwij. The person is born second. A person does not put his energy into the world. It is with this energy that one attains God. This energy is called Kundalini. Because it is a pool of energy.

In the Swadhisthana Chakra, the spiritual practice of the person gets its wings. The person easily goes into further spiritual practice. In this, the person feels a taste. Because it contains a mixture of earth element and water element. Which gives taste to the person. The person starts feeling hungry. Swadhisthan Chakra is the place of water element.

In this, the seeker has to help others and forget that help. Not to mention that help.

Whatever the seeker eats in the Swadhisthana Chakra. The energy that

comes from eating it. Put that energy in the pool. The pool of energy is inside the body of the seeker. He is called the river.

This is the second rung of anger. The seeker gets victory over anger in the Swadhisthana Chakra.

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# **Secret of Manipur Chakra**

## **3rd Question - It will be filled as it does**

This chakra occurs at the navel place of the seeker. Due to which the fire element is in Manipur Chakra. Just as the precious stone keeps itself illuminated with its fire. In the same way fire ignites within the seeker. And this is the ordeal of the seeker. Heat is produced in the seeker's body. The body starts heating up. Sweat fills the body. It is very cool and peaceful when you tolerate the heat and sweat of heat.

All the nerves of the body are purified by the heat of the seeker. By which the person's blood is purified. The purity of the blood brings more gentleness in the body and appearance of the person. Any woman is attracted to the beautiful and seductive look of the person. One should avoid greed here. And further spiritual practice should continue.

It brings strength in the hands of the seeker. Here, one has to pay special attention to his work. Do not harm anyone. Otherwise, the seeker will also be hurt.

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# **Mystery of Anahata Chakra**

## **4th Question - Truth is always a relief**

Ana and Hat. In Anahat Chakra, the spiritual seeker has to take care that the curse does not harm anyone and the spiritual seeker should not harm anyone. So that the person gives curse to the spiritual seeker and the spiritual seeker will be harmed by that curse. Because the curse comes out of the heart and hurts the heart.

When a seeker enters the heart in Anahat Chakra. The seeker who is truthful does not harm anyone's curse, that is, the seeker does not feel his curse. Therefore, always be truthful. Through truth, the heart remains clean. And the person gets relief from this truth. Therefore, truth is always a relief.

Anahat Chakra creates fascination and attracts attachment. fascination blinds the person. To avoid this fascination, a prayer for the divine comes out of the seeker's heart. And the blindness filled with the fascination of the seeker is eliminated. The seeker's prudent eyes open. The power which was lost in the seeker's fascination. The seeker regains that power.

In the Anahata chakra there is a sound of food. That is, whatever the seeker eats and drinks. Its juice goes into the heart. Which produces different types of sound inside a person. Which hurts the seeker. Due to which the power of the seeker becomes small. That power is separated from the seeker. The heart of the seeker opens. Prayer is born in the seeker.

This Anahat Chakra is the chakra of the air element. Because curse moves on air. And through the open mouth of the seeker enters the heart of the seeker. Therefore, the seeker should not sleep with open mouth.

The opening of Anahat Chakra would have relieved the seeker from curse and loss. That is, if the seeker has curse of someone, then that curse leaves him. In this Anahat Chakra the seeker's hatred then turns into love. Prayer would grow in the seeker's heart.

Anahata Chakra is the fourth place of fascination. In this, the seeker conquers fascination.

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# **Secret of Vishudha Chakra**

## **5th Question - News of Koh Nida**

Koh means khoh. Khoh means cave. In this, the seeker enters the throat above the heart. Where the demon of condemnation resides. The one who eats the voice as Saraswati. There is a condemning genie in the throat. The genie keeps drinking alcohol and speaks anything. It is in the Vishudha Chakra to control the condemned jinn.

In Vishudha Chakra the person becomes a colorful mood. Eats meat and alcohol. Dance etc. becomes fond of art. This colorful mood jinn residing in the throat is seduced and controlled. Then the jinn of this larynx lead to further Chakra.

Wish (Poision) + Udd (arising) =

Vishudha. Earlier, when someone was killed by poisoning, his last wish was asked. This last wish was later called Wish due to poison. And then Wish started being used in place of desire.

The poison goes into the throat. And from the throat, the person tells his last wish. Hence it is called Vishudha Chakra. With Vishudha Chakra the person purifies his desires. And the voice of the person is controlled by the person.

The seeker attains the sky element in Vishudha Chakra. The seeker living on Vishudha Chakra carries out his utterances. In this, the person becomes jealous of someone and he is jealous of the other. Therefore, one should avoid condemning the other.

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## **Secret of Aagya Chakra**

### **6th Question - Pearl equivalent of egg of Murgaabi (Waterfowl)**

It is believed that Aagya Chakra commands. That do it. That he do. This is the tilism of Aagya Chakra.

Aagya Chakra when activated. Then the person starts to see everything like a film in the middle of the forehead. The seeker's ability to see increases. Therefore, Aagya Chakra is also called Third Eye i.e., Third Eye.

Aagya Chakra is the size of a mole (Sesame). But it feels as equal as Murgaabi (Waterfowl) egg.

Just as you can see everything from Sim. That is, entered the Internet from Sim and Internet shows everything. Similarly, the third eye shows everything.

In this Chakra (Circle) of Aagya Chakra, big seekers get trapped. The seekers then return to Mooladhar Chakra from this Aagya Chakra.

Aagya Chakra offers everything. The seeker who perfects this Aagya Chakra does not consider himself less than the divine. And this is the only reason for the downfall of the seeker from Aagya Chakra. Because the seeker sitting on Aagya Chakra gets trapped in the Tilsimi web of fantasies.

The seeker challenges God. Calls himself god. In Aagya Chakra, Kundalini Shakti comes to assist the seeker. This is where the seeker's owl's eye works. The inner awakening of the seeker works.

The seeker needs to be most careful on the Aagya Chakra. Because a seeker can get caught in a rage on Aagya Chakra.



Here the seeker takes the help of tantrik experiments and creates a world of Maya around him. And then the seeker becomes a tantrik and gets lost in this world of his illusion. The seeker gets entangled in the ego of his illusion. Luxury fulfills all here in this Chakra. Because Panch Makaar (Five Words which are start from "M") is consumed in the system. This is Five Makaar - Alcohol, Meat, Matsya, Mudra, Money, Copulation, drops the seeker directly from Aagya Chakra to Mooladhar Chakra.

The seeker here has to remember that the seeker has to rise above the third eye. You have to rise above the commandment cycle and go to the Sahasrara God. Here the command cycle only allows the seeker to reach the divine.

The third eye is a type of check point

where the ability of the seeker is checked. And then he is given Permission to travel further. Hence the seeker gets a special type of third eye here. The seeker then continues the journey towards the Supreme with this third eye.

It is like that in a coal mine, there is a helmet on the head of the person and there is a bulb above the head. A person travels in a coal mine in the light of this bulb. Similarly, the third eye of the seeker opens. It is only through the third eye that the seeker reaches the divine. This third eye tells the difference between Maya and nature.

Here the seeker also starts receiving divine messages. The message of the divine means that the seeker now listens to the divine. And listening to God is like meditation. This is where meditation

begins. Because the seeker gets a Sim with the third eye of a mole shape. It is meant to contact the Sim God. Therefore, this cycle is also called "tilasma".

On this command cycle, the seeker gets Pragya i.e. Wisdom. That is, the wisdom of the seeker who had become old becomes young again. On the strength of this wisdom, the seeker recognizes the difference between nature and maya. That is, it is understood to recognize lies and truth.

Once the commandment cycle is proven, the ankle of the seeker comes to life.

Everyone has greed for this command cycle. Many people get involved in the cycle of this command cycle to awaken the Kundalini Shakti. By this command cycle, the big seekers miss

the divine. And return to Moodhar Chakra.

This command cycle occurs when sitting in meditation continuously. Sitting in constant meditation, it gradually calms down by not obeying any of the commandments. And peace arises in a person. Then the person moves towards God with peace, certainty and patience.

Commandment cycle notch of raga-malice. Therefore, the seeker here has both raga and malice. The lotus that is here is the lock and open that locked lotus and go to Sahasrara.

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## **Secret of Sahasrara Chakra**

### **7th Question - Hammam later the news of the thunder**

The journey from the command Circle to Sahasrara is very difficult. Therefore, do it carefully. There is less space here and that too is Lock.

Sahasrara means the pool where water springs burst from all sides. There is a "lotus" locked in this tank. Whose lock to open. Which is named "Kamalak". This Kamalaaka is the tantric form of the seeker. The lock of this mechanical form of lotus is to be opened only.

Kamal Ak. Before the Sahasrara Chakra, the commandment cycle captures the seeker in the knowledge of the jargon of "A" and "K". That is, the seeker gets stuck in the melodious vocals

of Anahat Chakra and the vocabulary of the command cycle. The seeker sings very good songs and begins to preach very well.

On the Sahasrar Chakra one has to leave "A" i.e., "Swara" and "K" i.e., knowledge of consonant. Here the seeker had to renounce the word knowledge. That is, a person has to erase all his words. One has to rise above the world. The knowledge seeker of the world has rotted like a parrot. He has to leave the knowledge rotted like a parrot.

When the knowledge of Sahasrara arises. The knowledge rotted like a parrot then ends. Then the seeker feels that the seeker will also end when the rotted knowledge ends like a parrot. But it is not so. Because when the knowledge of the divine becomes available, then all the

confusion ends. The seeker gets the essence easily. That is, the seeker becomes cheerful. It is easily then called Effortless. There is a different type of smile not only on the face of the seeker but in the whole body.

When the seeker begins to enter the Sahasrara Chakra from the commanded cycle. Then in the upper part of the nose where the nose is inhaled and then goes down to the navel. God resides in the same part of the nose. It is here that the union of the seeker and the divine meet. This is where samadhi takes place. It is here that the soul and the Supreme God are formed. This is where the lotus blooms. This is Hammam but without water. That is, without water hammam and in which lotus is feeding. The lotus orchard is in bloom.

Seeker! In Sahasrara Chakra, the ankle becomes conscious from the ankle to the toe. The entire unconscious body becomes conscious again.

The Kundalini of the seeker is fully awakened. Ego Sahasrara's seventh rank. This ego is to be avoided here. Because it is an important task. Therefore, being egoistic, the important form of "I" is born here. The same "I" as "ahem" is to be changed to "we". This "we" is the "hammam". In this "Hammam" everybody is bare. Therefore, the person available to God becomes "Naga Sadhu".

Because lust ends. And the whole heart becomes a garden. And then "Naga Sadhu" imposes "Garad" i.e., "Ashes" on the whole body. The Naga monk then performs Shahi Snan (Royal Bath) in "Hammam". Because the seeker now



becomes Shah (King). Because lust has been converted into work. When "lust" becomes a "task". The "lust" then ends. And the stone idol becomes the soul of God. The stone also becomes God.

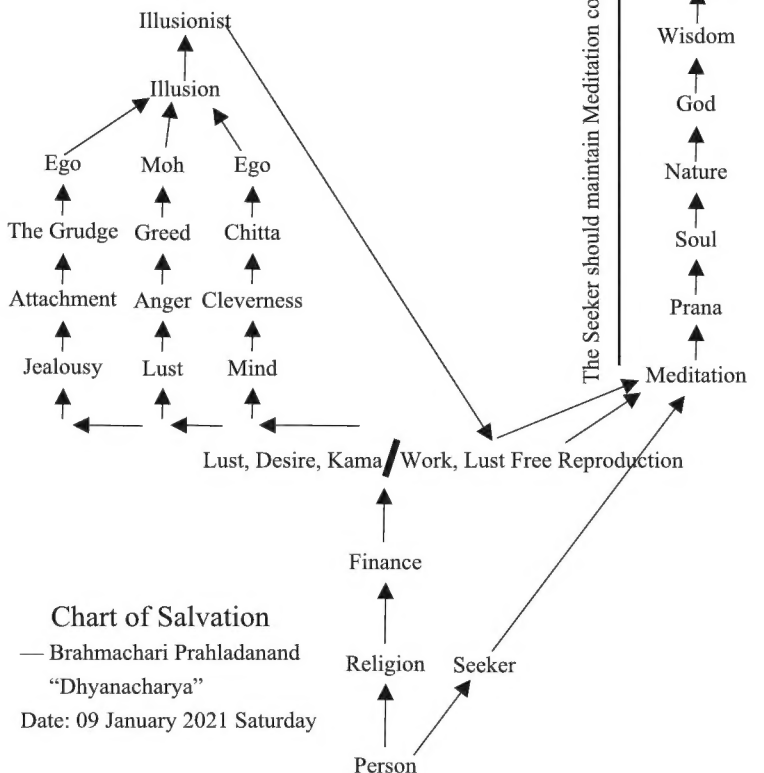
That is why all people come to God to end their lust. And the work is generated in them. When lust is reversed, then the work also becomes divine. And that keeps a person awake and also makes the Kundalini Shakti awake. Hence the idol is seen. Holiness is attained by the seeker through the Vibration of the idol.

So, this is the whole story of Hatim-Tai. Which goes from stone to life. And while opening the seven chakras or seven skies or seven spaces, the seeker finds the divine.

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## Chart of Salvation

The seeker has to sit for six minutes in the first month in meditation. Then have to sit for six minutes every month, extending it. After ten months, then have to sit for sixty minutes for the next two months. Then you have to keep this sequence for the next two years. This is to reach three hours for three years. Then for the next nine years, sit in meditation for three hours every day. In this way the seeker will become available to Moksha (Salvation) in twelve years.





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